

Coming Soon! *Walk to Jerusalem!*



What do think about taking a walk from our church to Jerusalem? That's right, all 5,646 miles from Monroe to Jerusalem! OK, not literally, but it is an imaginary walk that will encourage physical activity, spiritual growth and cultural awareness through a virtual tour to Jerusalem.

We as a church (voluntarily, not a requirement) will take this imaginary walk to Jerusalem by logging our steps on a weekly basis. I will convert those steps to miles and track them on a map to show our progress. This will be posted on a bulletin board in Fellowship Hall. As we pass through different areas, I will post educational information about the area.

You may have teams (family, youth groups, Sunday school, etc.) or you may participate as individuals. Everyone is welcome to take this walk ... no one is left behind!

Here's the plan: The walk will begin in January and end at Easter. The official start date will be Sunday, January 3. This will be the date I will hand out walking packets and you will begin logging your steps. Included in the packet will be passports to good health and devotionals to help you through your journey. UMCM-logoed pedometers will help you log your steps (personal fitness device also may be used). We ask for a donation of \$5 per individual or \$15 per family or team to cover the cost of program materials and pedometers. Any money not used for this program will go into the parish nurse account for future programs and events.

If you would like to participate put your donation in an envelope marked "*Walk to Jerusalem*" and place in offering plate or send to church office. There will be a sign up sheet posted in the Narthex and also online.

I will look forward to seeing you on our walk!

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