

United Methodist Church of Monroe



messenger

JULY 2016

Summer is here. Enjoy the Sonshine!

Summer is a bit like Sabbath, as many take a break from the often rigid schedule of life, getting away and taking time to relax. I hope you have some time this summer to do just that, to decompress and bask in the glory of Christ. Even Jesus needed time away, coming back to his disciples ready to continue to preach, teach and heal.



I write this newsletter after just taking a wonderful prayer walk around Great Hollow Lake. God's beauty abounded and I was recharged as I came back to the office and began to pound out the administrative work that I needed to accomplish. So, I do encourage you to celebrate Sabbath this summer as it really does help us to reconnect with the Spirit.

However, I do want to remind you that when you are in town, we are open every Sunday morning for inspiring worship and special music. In fact, this might be the perfect time for you to stretch yourself a bit. The choir is taking their own Sabbatical, so that means we have open slots throughout the summer for people to share their gifts of music. Whether it is singing, playing an instrument or maybe even dancing (wait, we are allowed to dance in worship?!?) take a leap of faith and sign up for a Sunday. There is a sign-up sheet on the Music Office door or you can sign up online at www.umcmonroe.org by selecting *Summer Music Sign-up*. To get your first choice, sign up now!

If you do go away and attend another church I would love to see a bulletin, newsletter, prayer card, etc. from the church you attend. No, this is not to check up on you! It is to help inform me of what other churches are doing in order to help us learn and grow through the way we worship and communicate.

I hope to see you at the park, pool or on the trail!

In Christ's Abundant Blessings,

Pastor Macode



Health Notes

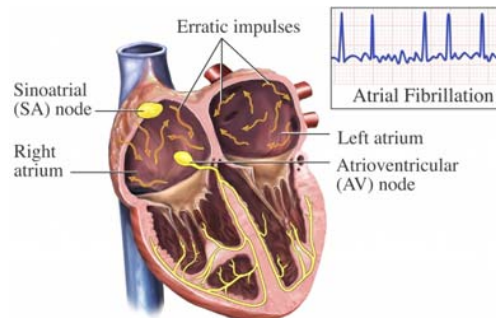
Carin Florin, Parish Nurse

Atrial Fibrillation (Afib)

Definition

Atrial fibrillation is an abnormal heart rhythm. The heart's electrical system normally sends regularly spaced signals. These signals tell the heart muscle to contract or beat.

The heart has two upper chambers called atria. It also has two lower chambers called ventricles. Each signal starts in the atria and travels to the rest of the heart. In atrial fibrillation, the electrical signals from the atria are fast and irregular. The atria shake instead of contract. Some signals do not reach the ventricles and the ventricles continue pumping. This pumping is usually irregular and sometimes rapid. This rhythm can reduce the heart's ability to pump blood out to the body. Blood left in the heart chambers can form clots. These clots may sometimes break away and travel to the brain. This can cause stroke.



Causes

In most cases, atrial fibrillation is due to an existing heart condition. Atrial fibrillation can also occur in people who do not have structural heart problems. A thyroid disorder or other condition may cause the abnormal rhythm. The cause of atrial fibrillation is sometimes unknown.

Risk Factors

Atrial fibrillation is more common in men and in people aged 55 years and older. Other factors that may increase your chance of atrial fibrillation include:

- Family history of atrial fibrillation
- Cardiovascular diseases, such as high blood pressure, coronary artery disease, heart failure, heart attack, heart valve disease, endocarditis, cardiomyopathy, congenital heart disease, prior episode of atrial fibrillation

- Lung diseases, such as emphysema, asthma, blood clots in the lungs
- Chronic conditions, such as overactive thyroid, diabetes
- Receiving general anesthesia
- Lifestyle factors:
 - Smoking
 - Excessive alcohol use
 - Excessive use of stimulants like caffeine
 - Physical and/or emotional stress

Symptoms can be mild to severe. This depends on your heart function and overall health. Some people may not notice any symptoms.

In those that have them, symptoms may include:

- Irregular or rapid pulse or heart beat
- Racing feeling in the chest
- A pounding feeling in the chest
- Lightheadedness, which can lead to fainting
- Sweating
- Pain or pressure in the chest
- Shortness of breath
- Fatigue or weakness
- Unable to exercise

Diagnosis

The doctor will:

- Ask about your symptoms and medical history
- Perform a physical exam
- Listen to your heart with a stethoscope

Your doctor will order blood tests to help diagnose the problem.

- Imaging tests may include:
 - Chest x-ray
 - Echocardiogram
 - Coronary angiography
- Electrical activity tests of your heart can be done with:
 - Electrocardiogram (EKG)
 - Holter monitor



Health Notes (continued)

Carin Florin, Parish Nurse

Treatment

The goals of treatment are to:

- Return your heart to a regular rhythm.
- Keep your heart rate close to normal—In general, your resting rate should be between 60-80 beats per minute. It should be 90-115 beats per minute during moderate exercise.
- Prevent blood clots from forming.

Your doctor may find another condition that is causing atrial fibrillation. This condition may be treated. In some cases, heart rhythm problems return to normal without treatment.

Treatment options include:

Medication Medications may be used to:

- Slow the heart rate
- Keep the heart in a regular rhythm
- Prevent clot formation

Weight Management

Maintaining a healthy weight through diet and exercise may reduce the frequency, duration, and severity of atrial fibrillation episodes.

Procedures

- Cardioversion —This procedure uses an electrical current or drugs to help normalize the heart rhythm.
- Ablation —An area of the heart that is responsible for atrial fibrillation may be surgically removed or altered.
- Maze procedure and mini-maze procedure —The Maze procedure creates a pattern of scar tissue in the upper chambers of the heart. This makes a pathway for electrical impulses to travel through the heart. It also blocks the pathway for fast or irregular impulses. The Maze procedure may also be performed as minimally invasive surgery (called mini-Maze).

Prevention

To help reduce your chance of atrial fibrillation:

- Avoid known triggers
- Exercise regularly within your doctor's guidelines
- Control other chronic conditions, such as heart disease or diabetes



Our choir is taking a break for the summer!

If you would like to perform special music during summer worship, please register online at www.umcmonroe.org, sign up on the sheet posted on the Music Room door, or contact the church office. We need your talents!

The 2016 – 2017 choir season will begin on Sunday, September 11 with the first rehearsal on September 7 at 7:30 pm.



When on vacation ...

be with us in spirit.

The rest of the summer ...

be with us in person.

Join us at the **Surf Shack** July 11 - 15 and **Catch the wave of God's amazing love!**



We'll have fun exploring how God Creates, God Helps, God Loves and

God Calms! We will learn about Moses, the Baptism of Jesus, Jesus Calming the Storm and celebrating Breakfast on the Beach.

Please see the VBS flyer on page 8 or visit our website for more registration information. Feel free to invite your friends ... all K-5 youth are welcome!

Planning Our Future

The Church Council is hosting a planning session on Saturday, July 9 at the Arnold's (17 Gaylor Drive, Monroe; 203.268.3800).

We will be discussing our short and mid-term goals. Everyone is welcome.

The Session starts at 9:00 am and will end by noon. We hope to see you there!



Let's Celebrate!



happy birthday

07/01	John Rajpolt
07/04	Heather Palmer
07/07	Sam Gray
07/09	Ina Beardsley
07/09	Betsy Sword
07/10	Bobbie Grant
07/14	Roger Grant
07/17	Mitchell Hornak
07/21	Laurie Palmer
07/25	Jim Hussey
07/28	Jennifer Chaudhary

07/01	Carol and Rich Steiner
07/14	Carin and Bill Florin



happy anniversary

Please submit additions and corrections to the birthday and anniversary list to the office at umc@umcmonroe.org or 203.268.8395. We don't want to miss anyone! Thanks!



VOLUNTEERS NEEDED! The Monroe Food Pantry is in desperate need of help on Mondays 1:00 pm – 6:00 pm, Wednesdays 9:00 am - 1:00 pm, Thursdays 9:00 am – 1:00 pm and one Saturday per month. Any amount of time that you could give would be greatly appreciated! For more information, please contact Gail Mas.

Seeking Coffee Hour Hosts

It's a wonderful way to support fellowship! The sign-up sheet is posted in the narthex or you can email the church office to book your date. All of the basics are supplied including coffee, tea, sugar and paper goods. Coffee making instructions are in the kitchen. As host we ask that you make the coffee, heat the tea water, supply the creamer and juice and clean up. Snacks and sweets are not required unless you'd like to provide them. Please consider taking a Sunday and sign up today!





What a great day for a parade! UMC Monroe's Kazoo Band was out in force to escort our "Surf Shack" VBS float along the 1.5 mile **Memorial Day Parade** route. For more pictures, please visit our Facebook page!

"The parade galleries appeared to be entertained by the Kazoo Band and the kids relished the candy and beach balls. Thank you to everyone who participated in the Kazoo Band and VBS Float for the Memorial Day Parade. I believe everyone had a good time." Steve Arnold, UMC Monroe Parade Coordinator



The ladies of *Friendship Circle* assembled **Birthing Kits** for Pastor Martha and Anita to bring to the New York Annual Conference June 8 - 11. Thanks to all who donated supplies or made monetary donations and, of course, thanks to the ladies who put them all together!



UMC Monroe's very own Tanya Lennon, along with four other Monroe residents, received this year's **Regina Ogden Friends of Education Award** from the Monroe Parents Council for their actions to enhance local education. Congratulations, Tanya!



St. Vincent's Medical Center's Comfort Shawl Ministry

Pastor Martha, Bobbie Grant and Carol Young attended the *Blessing/Reception* on June 13, 2016.

For more information about this ministry, please contact Bobbie or visit St. Vincent's website at <http://www.stvincents.org/community-wellness/volunteers/comfort-shawl>. Thanks to everyone who has already contributed to this program! New knitters and crocheters are always welcome!



Add smile.amazon.com to your browser's bookmarks!

AmazonSmile is a simple and automatic way for you to support the United Methodist Church of Monroe every time you shop, at no cost to you. Visit our website for a link to AmazonSmile. Be sure to complete the one-time setup by selecting *United Methodist Church of Monroe (EIN: 06-6034463)* and the church will receive donations for qualifying purchases anytime you shop on smile.amazon.com. For more information, please visit our website and search **AmazonSmile** or contact Steve Arnold or Kathy Schmalz.

Consecration Sunday's Second Year

Bill Florin

UMCM wrapped up its second annual *Consecration Sunday* effort on May 22. Over the period of three weeks, we heard from several speakers concerning the role of giving in their lives. We all have different motivations for giving to the church, and we heard distinct voices on the subject during the three Sundays.

Some of us give for different reasons on any particular day. We sometimes give out of thanks. We sometimes give because we want the important work of the church to grow and advance. Sometimes we give out of routine. For most of us, it is a little of each that inspires us to give a gift during our offering time each week.

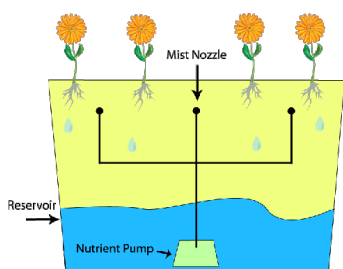
Whatever you are feeling, remember that your giving is a sign of faithfulness and thankfulness. It is a way to praise God for all we have been given. Remember to celebrate when you give. Thank God for your chance to do tangible work to build God's Kingdom.

This is not about keeping the lights on. It *is* about being a light in the dark world that so desperately needs Jesus Christ. Right now! Thank you for your prayerful giving decision.

Pastor Martha and Anita Stabler-Hussey attended this year's **New York Annual Conference** held at Hofstra University June 8 – 11, 2016.



Aeroponic System



Thank you to everyone who recognized the "Fathers" in their lives by giving to our **Pivot Ministries Father's Day Collection**. With your generosity we raised over \$200 in support of Pivot's new greenhouse venture — "Aeroponic" growing. Your donations will help to purchase additional supplies including seed, lamps and other equipment in the new venture. As always, *thank you for your support!*

To learn more about *Pivot Ministries* and this project, please visit our website under the *Missions* tab or by searching *Pivot*.

FOR YOUR INFORMATION ...



Mini Missions: Sandwich Condiments

Summer is time for picnics. Help us with some picnic sandwiches by bringing in mayo, ketchup and sandwich condiments!

Change for Waterman Scholarship

We are collecting loose change for the Waterman Scholarship Fund. There is a jug in the narthex for you to deposit loose change. All coins accepted! Keep an eye on the thermometer and watch it rise with your help!



UPCOMING EVENTS

Celebrating Marilyn

Marilyn Jones, our beloved organist/pianist will be retiring on September 4. On September 11 we will be celebrating her retirement and 80th birthday. The choir will be presenting special music during the service followed by a potluck luncheon in Fellowship Hall. As a part of the celebration, we are asking the members of the church to share memories, letters of appreciation and pictures they have of Marilyn. Please submit them to the office by August 15. We are planning to put them into a memory book to be presented to Marilyn on September 11. We are also planning to make a slideshow that will be shown during the service. Marilyn has been an integral part of our church music program for over 18 years and will be sorely missed. Please help us to show her how much she has meant to us.



Summer Bible Study Instead of a study on a particular book, we will be meeting on a standalone topic each week — that way no one will miss anything due to vacation schedules.

Dates: June 30, July 7 and 14, August 4, 11, 18* and 25
Time: 10:00 am

If anyone is interested in leading a study or has any suggestions for topics, please contact Pastor Martha.

* Bible Reading Marathon at the Monroe Town Gazebo 12:00 pm – 2:00 pm.



Covenant to Care Collections For over 20 years our church has assisted *Covenant to Care of Connecticut*, an organization that helps kids in foster care. Each year we collect various items that the State does not supply to these children between the ages of newborn to 18. Our contact, Social Worker Marie Lucien, has a caseload of about 25 children that our donations will assist. This year, we are asking for school supplies and backpacks. They will be collected during the months of June, July and August and can be placed on the shelf above the coat hangers. Thank you in advance for your generosity to this cause! Contact: Priscilla Bromley at 203.268.4218.

Vacation Bible School



Join us at the Surf Shack!

Storytelling, Music, Snacks, Crafts and Recreation

Learn about how God Creates, God Helps, God Loves and God Calms!

Topics include Moses, the Baptism of Jesus, Jesus Calming the Storm and celebrating Breakfast on the Beach!

WHEN: July 11 – 15, 2016 ~ 6:00 pm – 8:00 pm nightly

WHERE: United Methodist Church of Monroe ~ 515 Cutlers Farm Road

AGES: Entering Kindergarten – 5th Grade

COST: \$10 per child (\$20 maximum per family)

Registration: www.umcmonroe.org

Questions: vbs@umcmonroe.org

Call: 203.268.8395

Remember that the Lord is great and awesome! Nehemiah 4:14b
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It's game time!



VS.



Sunday, August 7, 2016 – 1:12 pm

Ticket price: \$12 *

Ballpark at Harbor Yard • 500 Main Street • Bridgeport

Join us for fellowship and fun while raising funds for *Binky Patrol of Southern Connecticut* when the *Bridgeport Bluefish* take the field against the *Long Island Ducks*!

Register online or complete a registration form at coffee hour. Submit payment in the collection plate or drop it by the church office. Make checks payable to *UMC Monroe* with *Bluefish Game* in the memo line. ***The deadline to register and pay for your tickets is Sunday, July 24.***

Family, friends and neighbors are welcome!

Questions? Contact Anita Stabler-Hussey or visit our website and search "Bridgeport Bluefish." Information about carpooling will be available soon!

* A portion of each ticket will go to *Binky Patrol of Southern Connecticut*. For more information about this organization, please visit our website and search "Binky Patrol."

UMC Monroe • 515 Cutlers Farm Road • 203.268.8395

www.umcmonroe.org • umc@umcmonroe.org

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2016 Bible Reading Marathon



Calling all members of UMC Monroe! Please join us for the annual Bible Reading Marathon this summer!

- What:** Reading the Bible/New Testament (only) aloud in public
Bring your own bible or use the one that is provided!
- Why:** To proclaim the Word of God over the town of Monroe as a Witness to God's Unity through Community.
- Dates:** Thursday, August 18 – Saturday, August 20
8:00 am – 8:00 pm daily
- UMCM Dates/ Times:** Thursday, August 18 – noon – 2:00 pm (Bible Study)
Friday, August 19 – 6:00 pm – 8:00 pm (Youth)
Saturday, August 20 – 2:00 pm – 4:00 pm
* Looking for a minimum of 8 participants a session - 15 minute each *
- Where:** The Gazebo on the Monroe Town Green
Fans will be provided in the gazebo to keep you cool!

For more information on how to be part of this exciting faith event, contact Janet Morris at 571.439.6548 or via email at whimsyjanet57@gmail.com.

All are welcome! Stop by anytime!

the Adventures of FLAT JESUS

United Methodist Church of Monroe • Monroe, Connecticut

How to create your very own FLAT JESUS

1. Take home the Flat Jesus you received today.
2. Be creative! Decorate Flat Jesus. Think about what color (or colors!) his robe should be. What color and type of hair does your Flat Jesus have? What color skin tone? Any accessories?
3. Make one for yourself and one for a friend!
4. Place a reminder on the back of your Flat Jesus on how and where to upload pictures ... don't forget to tell us where your Flat Jesus is in the picture! You can upload your pictures in two ways:
 - Send an email to the church office at umc@umcmonroe.org
 - Upload it to the United Methodist Church of Monroe Facebook page
5. If you have access to a laminating machine, laminate your Flat Jesus or ask one of the ladies at church for help doing it here. This way if he attempts to walk on water or spills a lot of wine, he'll be protected!
6. Take your Flat Jesus everywhere with you and take lots of pictures and then share them in a post!
7. Talk with family and friends about what you and Flat Jesus experienced.



What on earth is “The Adventures of FLAT JESUS?”

FLAT JESUS was created by the fine folks at an Episcopal Church in Birmingham, MI as a way to keep their parishioners connected over the summer. It quickly blossomed into an international sensation with hundreds of FLAT JESUS being sent to disciples around the world. Folks loved taking FLAT JESUS out to dinner with them, to the beach, to hang with their grandchildren, and ended up meeting new friends all over town! It's an amazing adventure. Take FLAT JESUS with you and see what happens!

Have fun with your Flat Jesus this summer!





Get Ready for Harvest Fest 2016!



All the information you need ...

Event Date: Saturday, October 1 (10:00 am – 3:00 pm)
Pie Making: Saturday, September 17 (8:00 am – 12:00 pm)
Set-up/Chair Moving: Sunday, September 25 (after worship)
Pie Baking: Friday, September 30 (8:00 am)

Pies: Ingredient list for donations will be available at the end of July.
Vendors: Forms are available for craft vendors on our website. As you visit craft fairs during the summer and see something you think would go well with our Fest, please get their info and pass on to Rose. Indoor tables are \$40 and limited; outdoor tables are \$30.
Publicity: Flyers and postcards will be available in July for distribution to friends and family. Help spread the word.

Other suggestions welcome -- just let us know!

Co-Coordination: Darlene Dobler-Palin (darlene.dobler-palin@ge.com) and Rose Aiello (buildingroses@aol.com)

youth group

kick
off
event!

We will Kick Off our **2016 - 2017 Youth Group** with a "Lock-In" August 19. We will participate in the town-wide Bible Reading Marathon (6:00 pm – 8:00 pm) and then have a sleepover at the church. More information to come! Our hope is that next year we will be able to meet every week rather than just the 2nd and 4th Sundays.



UMC MONROE YOUTH NEWS



Our **Youth Group** spent their final gathering of the school year with fun, food and fellowship at the parsonage on a Sunday afternoon. They played croquet and bocce, colored their "Flat Jesus" to take with them on their summer adventures and did what they did all school year long ... enjoyed each other's company! While we're off for the summer, we're already looking forward to the 2016 - 2017 Sunday School year kick-off on Friday, August 19. More information to come -- stay tuned!



Congratulations to Juliana, American Legion Auxiliary's *Poppy Princess* 2017 and to Emily, *Poppy Princess* 2016!





youth sunday

What a great day at UMC Monroe! On June 12 we celebrated *Youth Sunday* with all of our Sunday School classes participating in the service. We were blessed with a solo performance by Patti to begin worship ... what a talented lady!

The Middle School class performed a skit called "The Gift Exchange," the Lower Elementary Class read a poem and the Middle Elementary Class shared a presentation on prayer. Our High School Class participated as liturgists and ushers.

Pastor Martha presented Joshua with his Third Grade Bible and we recognized our Sunday School Teachers for their dedication to our youth ministry. Sunday School Certificates were presented to every student and we said a special "congratulations" to our Class of 2016 with a graduation video tribute.

We were treated to a very special musical performance when our youth joined the UMC Monroe Choir by singing the anthem, "This Little Light of Mine."

Rev. Ken Kieffer joined us as our guest speaker and shared a message about "Where Everybody Knows Your Name" -- we all stood to sing a verse of the popular TV show theme, too! He ended his sermon with the simple toast of "Cheers!" I think we'd all echo with a "Cheers" and "Amen" to a wonderful morning celebrating the youth of UMC Monroe!

P.S. Our summer break begins now ... we look forward to seeing our youth back in Sunday School on September 11! And to our adults ... if anyone is interested in getting involved in the Sunday School ministry, please contact Pastor Martha.



Confirmation sunday

On June 5 we celebrated the confirmation of Emily Benoit and Sara Rupp.

We welcome our newest church members and we congratulate the Benoit and Rupp families!



Prayer Concerns



Dave's niece's husband – Aaron - physical therapy from a motorcycle accident	Jen - Sue Simmons' daughter
Anita - granddaughter Danielle - brain surgery	George and Audrey Stabler
Family and friends in the loss of Forrest Ryan, 24 - motorcycle accident	Dolores Ovesny
Patrice - Healing from cancer	Jeff York
Family of Brent Johnson, 27-passed away suddenly	Tom Boomershine
Dave Miles' family and friends on his passing	Anita's niece - Marsha
Carl Sword	Darcy and Cameron
Patti Early - preparing as rector for the next Walk to Emmaus Retreat	Suzette - Gail Mas' niece
Melissa - cancer	Edna Turner - healing
Friends and family of Mary Dutton on her passing	Robert Ellis - co-worker of Claudia Wallace - cancer
Leigh Gray's co-worker - Nancy - healing from brain tumors	Amanda - peace and healing
Patti Early's co-worker - Anna - cancer treatments	Greg - Gail Mas' nephew - cancer
Amy	Evelyn Sweetnam - hospice care
Millie Derle's sister - Bev - diagnosed with cancer	Linda Summa - Turner's daughter - cancer
Larry and Pat McCall - cancer	Theresa - friend of Yorks - cancer
BJ - Cari Harris' cousin - brain tumor	Olivia - Juvenile Diabetes
Lynn Rouleau - pancreatic cancer	Sue Simmons' friend - Debbie - MS
Dolores - cancer has returned	Jimmy - Bobbie Grant's friend's son
Jessica - lung cancer	Fromm's friend - Radovan Frzop
Friend of Billy Schmalkuche - Jill - strength for long-term rehab from surgery for spinal injuries	York's daughter-in law - Lori
Anita's friend Esther	Jodi Kles –Sheryl's cousin - living with rare form of cancer
Charlotte - Marilyn's friend	
Marilyn Jones' niece - Kathryn - ALS	Military personnel
Dexton - seizure	Unemployed
Pat - congestive heart failure	First responders, firemen, policemen
York's friend - Bryan - broken leg	Persons dealing with serious medical issues, drug addiction
Olivia - newborn baby - Tuberous Sclerosis causing seizures	Caregivers
Marilyn Jones' nieces: Vicky with tongue cancer and Amy experiencing paralysis	Guidance for world leaders
Michelle Lambert's friend Melissa - brain tumor	Covenant to Care children, foster children
	Those who do not have anyone to pray for them
	Christians around the world persecuted for their faith
	Bringing an end to the drug epidemic and deaths
	30 million refugees without basic necessities of life

If you would like to add a person to our prayer list, or to receive a weekly copy of the joys and concerns email prayerrequest@umcmornoe.org, call the office or leave your request in the collection plate. Names will remain on the prayer list for 3 weeks. If you would like your name or that of a relative or friend to stay on the list longer, please contact the office.



Family Game Night is Saturday, July 16, from 6:00 pm – 8:00 pm. Bring your favorite game and a snack to share. Join us for lots of fun and fellowship!

United Methodist Church of Monroe

Jul 2016 (Eastern Time)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26 10am - Blessing of the	27 9am - TP: Two Planks	28 9am - TP: Two Planks	29 9am - TP: Two Planks	30 9am - TP: Two Planks 10am - BS: Bible Study @	1 9am - TP: Two Planks	2
3 Communion Sunday 10am - Worship Service	4 9am - TP: Two Planks 10:30am - FC: Friendship 7:30pm - MFL: My Fair	5 9am - TP: Two Planks	6 9am - TP: Two Planks	7 9am - TP: Two Planks 10am - BS: Bible Study @	8 9am - TP: Two Planks	9 9am - Planning Our Future
10 10am - Worship Service	11 9am - TP: Two Planks 6pm - VBS: Surf Shack	12 9am - TP: Two Planks 11:30am - MM: Missions 6pm - VBS: Surf Shack	13 9am - TP: Two Planks 6pm - VBS: Surf Shack	14 9am - TP: Two Planks 10am - BS: Bible Study @ 6pm - VBS: Surf Shack 7pm - Two Planks: Open	15 Newsletter Deadline 9am - TP: Two Planks 6pm - VBS: Surf Shack	16 6pm - FGN: Family Game
17 10am - Worship Service 11:15am - Worship Meeting	18 9am - TP: Two Planks 10:30am - FC: Friendship 7:30pm - MFL: My Fair	19 9am - TP: Two Planks 7pm - Condo Meeting (Hills)	20 9am - TP: Two Planks	21 9am - TP: Two Planks	22 9am - TP: Two Planks	23
24 10am - Worship Service	25	26	27	28	29	30
31 10am - Worship Service 10:15am - YWD: Youth	1 10:30am - FC: Friendship 7:30pm - MFL: My Fair	2 11:30am - MM: Missions	3	4 10am - BS: Bible Study @	5	6