

Receiving Guidance



Friday, October 21 and Friday, November 4

7:00 pm – 8:30 pm • Meeting Room 1

Cost: \$20 per class

God spoke to the prophets of old, and he is still speaking today. We all have the ability to listen for guidance, as Jesus told us, "These things and greater than these will you do when I am gone." The purpose of this class is to practice quieting the mind, connecting to the divine through prayer, and listening for God's guidance. All prayer and spiritual work is centered on working through Christ for the highest good of all concerned.

The format will start with a relaxation, invocational prayer, and a guided meditation. After that we will practice exercises to listen for guidance for ourselves and for others. We will keep a journal to record and share (if desired) insights and experiences. My hope is that you will discover and strengthen your spiritual gifts, bringing more comfort, peace and insight to your life experiences.

Please come to class with several questions or issues in which you would like to receive spiritual guidance.

For more information, please contact Michelle Lambert.

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