

# Community Kindness Day

at the United Methodist Church of Monroe



Sunday, October 16, 2016

2:00 pm – 4:00 pm

**“Be kind”** is a simple message that can have a big impact on the world around us when we all practice intentional kindness towards each other. The United Methodist Church of Monroe invites you to join us for a Community Kindness Day event to learn more about spreading kindness throughout Monroe. We are excited to be hosting *Ben’s Bells* for a special experience that will include kindness activities and participation in a community based art project. All ages welcome! No artistic experience necessary!

Cost: \$5 per person requested donation to cover the cost of materials  
Additional donations are welcome to support the work of *Ben’s Bells* in our community. All donations directly benefit *Ben’s Bells Connecticut*.

Please visit our web site at [www.umcmonroe.org](http://www.umcmonroe.org) or call 203.268.8395 to register. Pre-registration is required. Space is limited and registrations are first come, first served until we reach capacity

For more information about *Ben’s Bells*, please visit their website at [www.bensbells.org](http://www.bensbells.org).

UMC Monroe • 515 Cutlers Farm Road • 203.268.8395  
[www.umcmonroe.org](http://www.umcmonroe.org) • [umc@umcmonroe.org](mailto:umc@umcmonroe.org)