United Methodist Church of Monroe



DECEMBER 2017

Advent 101



Every year we celebrate Advent. We light the candles and count down the days till Christmas. And some lucky kids even get an Advent calendar with candy in them. But I wonder how many of us actually know the history of it and how best to use this season of preparation. In case you were like me and wondered, I figured I would provide a little background.

According to Adam Adolf's *The Liturgical Year* (Pueblo Books, 1978), the oldest reference to Advent as a time of preparation came from Bishop Perpetuus of Tours in 490 who called for times of fasting from the feast of St. Martin on November 11 to Epiphany Day on January 6. The first evidence of Advent in worship came from Italy, in the mid-fifth century and then during Gregory the Great's reign the tradition of setting aside four Sundays for Advent emerged. The focus then was on the incarnation of Christ and the preparation for that celebration. Purple vestments were worn with a more penitent approach than the celebratory one we experience now. When the ecumenical efforts of Roman Catholics, Lutherans, Anglicans/Episcopalians, Methodists, Presbyterians, and others came together in the late 20th century a consensus arose of how Advent was to be practiced.

The tradition of using the color purple for vestments remained for Advent; it signifies penitence and royalty. However, more recently churches have begun to use blue which is the color of hope. The Advent wreath was introduced during the Reformation. It is shaped in a perfect circle to symbolize the eternity of God and the evergreens represent eternal life. Each week a candle is lit and prayers offered. In addition to three purple (or blue) candles, on the third Sunday of Advent a pink candle is lit representing joy. Given that this is a time of preparation, each week focuses on one of four virtues that Jesus brings us: Hope, Love, Joy and Peace. The white Christ candle is lit on Christmas Eve reminding us that Jesus is the light of the world.

In order to help you prepare for the coming of Christ and what it means to you I encourage you to adopt a spiritual discipline this season. Read *The Redemption of Scrooge*, and if you are able, attend the Thursday morning Bible Study (see Pastor Martha to order a book); read the Upper Room devotional; prayerfully ponder the Scripture reading from each Sunday rereading it each day during the week; make an Advent wreath and set aside time to gather with family and friends lighting it, praying and sharing what it means to you. The children will each receive an Advent calendar on Sunday, December 3rd to help them count down the days (sorry, no chocolate in this one—but something even better—the story of Christ's birth!).

If you have any questions or want more information on Advent please let me know.

In Christ's Abundant Peace,





Staff Christmas Gifts

In order for us to show our appreciation for the time and talents of our employed staff, the Staff Parish Relations Committee will be collecting for staff Christmas gifts on Sundays from November 26 to December 17. No amount is too small! Our staff includes Pastor Martha Epstein. Organist/Pianist RoseAnne Homola, Church Secretary Denise Wiley, Choir Director Michelle Lambert and Nursery Attendant Marsha Cohen. Envelopes will be available in the narthex if you would like them. Cash or checks made payable to UMC Monroe with Staff Gifts in the memo line will be accepted. It would be appreciated if all contributions are hand delivered to either Rose Aiello or Anita Stabler-Hussey. Thank you for your consideration and generosity!



Wicke Luncheon Friday, December 1

Our annual *Wicke Luncheon* will be held on Friday, December 1 at 11:30 am at the Bartlett's. Contacts/Co-Hostesses: Laura Bartlett and Leigh Gray. For more information, please contact the church office.



Believe it or not Christmas is only 4 weeks away ... have you started shopping yet?

Shop at smile.amazon.com/ch/06-6034463 for your holiday gifts and Amazon donates to the United Methodist Church of Monroe.

Do you have friends and family that shop at Amazon? If so, please feel free to share our link ... anyone can sign up to support UMC Monroe with AmazonSmile! Questions: Steve Arnold or Kathy Schmalkuche.

Let's Celebrate!





happy birthday

12/03 Vera Reynolds

12/04 Neil Chaudhary

12/05 Cari Harris

12/06 Mike Cahill

12/07 Vivian Harris

12/14 Lynn Gregory

12/15 Dave Aiello

12/16 Carol Steiner

12/18 Bill Fromm

12/23 Carin Florin

12/27 Edna Turner

12/29 Quintin Brantley

12/30 Jeanne Baklik

12/31 Pat Smith



happy anniversary

12/12 Amy and Michael Ramos12/13 Juliana and Brian Sherwood

Please submit additions and corrections to the birthday and anniversary list to the office at umc@umcmonroe.org or 203.268.8395. We don't want to miss anyone! Thanks!

Seeking Coffee Hour Hosts

It's a wonderful way to support fellowship! Sign up using our new online SignUpGenius registration process -- visit our website and click on the coffee cup and you're ready to host a coffee hour! All of the basics are supplied including coffee, tea, sugar and paper goods. Coffee making instructions are in the kitchen. As host we ask that you make the coffee, heat the tea water, supply the creamer and juice and clean up. Snacks and sweets are not required unless you'd like to provide them. Please consider taking a Sunday and sign up today!



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UPCOMING EVENTS

Trim-the-Tree Luncheon

Please join us for our annual Trim-the-Tree Luncheon on December 3, 2017! Immediately after worship we'll gather in Fellowship Hall to share a potluck lunch – members of PIVOT Ministries will be joining us, too! Share your favorite dish and enjoy fellowship followed by the decorating of the sanctuary tree. A sign up sheet is posted on the Narthex bulletin board. Clean-up help would be welcome!



If you're interested in providing live music during lunch and/or while we're trimming the tree, please let us know!



The United Methodist Church of Monroe will be welcoming the **PIVOT Ministries** choir on Sunday, December 3 during our regular worship service at 10:00 am.

UMC Monroe is pleased to have assisted PIVOT for over 5 years with various collections for their ministry, including bedding for their facilities, clothing and gardening supplies for their community garden. This year we'll be collecting toiletries (toothpaste, soap, shampoo, toothbrushes, towels) and clothing (socks, T-shirts, underwear, sweatshirts/pants, flannel shirts – all items in either Large or Extra Large, please). A collection box is in the Narthex for your donations. Questions? Please contact the Missions Committee. To learn more about PIVOT Ministries, please visit their website at www.pivotministries.org.



Back by popular demand just in time for Christmas! ORDER BY DECEMBER 5





UMC Monroe is selling Church T-Shirts (color: Jade Dome) and Sweatshirts (colors: Scuba Blue AND NOW IN NAVY BLUE!) – adult and youth sizes available. Show your support and shop the following link (or visit are website) to order online (https://www.customink.com/g/xkk0-00b8-amtj) or contact the church office. Get yours today! Questions: Darlene Dobler-Palin.



Other December Activities

Sunday, December 17:
Tuesday, December 19:
Sunday, December 24:
Sunday, December 24:
Christmas Pageant
Annual Charge Conference
Christmas Eve Service (10:00 am)
Christmas Candlelight Service
(7:00 pm)

2018 Connecticut District Resourcing Days

Sunday, January 29 and Saturday, February 4 ... more details to follow! *Page 3 of 17*

UPCOMING EVENTS

Holiday Vendor Fair for Kimberly's Diabetic Alert Dog

Saturday, December 9 from 2:00 – 5:00 pm UMC Monroe

Get your holiday shopping done and help Kimberly Collis (Debbie Salvas' niece), a local Monroe teenager, get a life-saving diabetic alert dog! Vendors include Chloe + Isabel, Jamberry Nails, LuLaRoe, Mary Kay, Pampered Chef, Rodan + Fields Dermatologists, Stella & Dot, Tupperware ... and more! For more information, please visit our website and search "Kimberly."



Peace Vigil for Sandy Hook

Please join us for a Peace Vigil on the 5th Anniversary of Sandy Hook. The vigil will take place on Thursday, December 14, at 7:00 pm at UMC Monroe. All are welcome!

The Social Issues Discussion Group

Join us for a forum where concerned believers discuss their views on various social issues. The discussion is truly open with no agenda or curriculum to follow. Our final meeting of 2017 is December 17 at 11:30 am in Meeting Room 1. Moderator: David York.





Inviting All to a Caroling Party ... The More the Merrier!!

HOLD THE DATE: We're going Christmas caroling to our homebound friends on Sunday, December 17 at 4:00 pm. We're planning a get together after we're done ... more details to follow. Please let us know if you can join us – all are welcome! Contact: Steve Arnold.

Just a gentle reminder that if you haven't returned your pledge card with your familly's 2018 giving, it isn't too late! Just drop it in the collection plate or by the office by Sunday, December 10 so we can add it to our pledge total for next year. Need a pledge card? No worries ... pledge cards are in the Narthex or you can stop by the church office and pick one up! Thank you!







Two Planks: 2018 Season

Altar Boyz February 23, 24, 25 and March 2, 3, 4, 9, 10, 11

Beyond Therapy May 4, 5, 6, 11, 12, 13

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This just in ...

Dotti and Lee Hossler were *caught* refreshing our "goeth right" sign.

... A BIG THANKS TO THEM!!

Who will be caught next?







Our *goeth right* sign received a much-needed refresh! A special thank you to Dotti and Lee Hossler for making our "welcome" sign look like new!

UMC Monroe Gifts for Good Alternative Christmas Giving



Are you having a hard time finding the perfect gift for someone special on your Christmas list? Or wondering what to get for someone who already has everything they need? Try Gifts for Good Alternative Christmas giving this year! Alternative Christmas gifts are always the perfect fit and a great gift that gives back!

What is an Alternative Christmas gift? Alternative Christmas gifts are representational gifts that are donations to organizations making an impact at the local, national and international levels by helping others. The gifts are given in honor of someone special on your gift list and you can give them a card to let them know an important gift to help someone else was given in their honor.

How does it work? Simply select Alternative Christmas gifts from the list below for the special people on your gift list this year and complete the order form. Return the order form with your payment check made payable to UMC Monroe by Sunday, December 24. UMC Monroe will then make the donations to the organizations for your gifts. Gift cards will be available to let your family and friends know about the gifts given in their honor.

Looking for a special gift item instead? Be sure to visit our Gifts for Good Holiday Boutique featuring beautiful fair trade items hand crafted by artisans in developing areas around the world. The boutique will be open at Breakfast with Santa and on select Sundays in December at coffee hour. All boutique sales benefit SERRV and

UMCOR.	
Gífts for Good Alternatíve Chrístmas Gíft Order Form	
Name:	
Total amount enclosed for gifts selected below (please make checks payable to UMC of Monroe):	
Number of gift cards requested:	

Gift Item	Suggested Amount	Quantity	Total
Give the gift of community	\$5 to sponsor a senior for a drop in activity class at the Monroe		
	Seníor Center		
Give the gift of faith	\$10 to provide a pew Bible or hymnal for a newly formed church in the		
	US through the World Service Fund's Path I congregational		
	development effort		
Give the gift of health	\$15 to provide 10 jerry cans used to transport water without risk of		
	contamination in communities without running water through Church		
	World Service		
Give the gift of warmth	\$20 to provide 10 gallons of heating oil to a neighbor in need in		
	Monroe through Project Warmth		
Give the gift of hope	\$25 to provide needed gloves and dust masks to clean up after a		
	natural disaster through UMCOR		
Give the gift of knowledge	\$30 to sponsor a student at a university supported by the United		
	Methodist Church with a scholarship contribution through the Black		
	College Fund		
Give the gift of nutrition	\$50 to sponsor a child for a month at the Carolyn Belshe Orphanage		
	in Mozambique with support for their Nutrition Through Agricultural		
	training program		

2017 Christmas Poinsettias in Honor/Memory of Loved Ones



If you would like to purchase a poinsettia in memory or honor of a loved one, please fill out the form below (print please) or place your order online at www.umcmonroe.org! Please make your check payable to "UMCM" with "poinsettia" in the memo line. Your order must be placed (online or return this form to the church office) by Wednesday, December 6. Your acknowledgement(s) will be listed in the December 24 bulletin. If you have any questions, please contact the Church Office. **All proceeds support Pivot Ministries.** Please understand that Pivot will attempt to accommodate our color requests, but cannot quarantee them.

In Memory of:			
#	4.5" pot – red plant (pinched with 3 - 4 blooms)	\$6	
#	4.5" pot – white plant (pinched with 3 - 4 blooms)	\$6	
#	6.5" pot – red plant (4 - 6 blooms)	\$12	
#	6.5" pot – white plant (4 - 6 blooms)	\$12	
Total Amo	ount Due:		

Covenant to Care (hristmas Wishlist

The Covenant to Care Christmas List will be posted on the Missions bulletin board in the hallway. Please write your name next to the child's name that you will be buying for. Wrap the gift and clearly label it with the child's name. Gifts can be left on the shelf above the coat rack outside of the choir room and are due by Sunday, December 17 so delivery can be made by Christmas! Questions? Contact Ethel Abraham.

The Mitten Tree will be up in early December and will be ready to be trimmed with NEW hats, scarves, gloves and mittens! All donated items will be distributed locally to families in need at the *Thomas Merton House* in Bridgeport.

Thanks for your consideration ... the items you donate will help to keep someone a little warmer this winter!

Deadline to donate: Sunday, January 7, 2018



MINI MISSIONS

December Adopt-a-Wagon ... everything RED and GREEN!

For our December Mini Mission, the Youth Group is inspired by holly, trees, and wreaths with their bows ... the colors of Christmas that everyone knows ... Red and Green!

For the whole month leading up to Christmas Eve, the kids invite everyone to celebrate the colors of the season by donating non-perishable food items in these classic Christmas colors. The foods can be red or green or the packaging can be red or green. All donations can be dropped in the festive red and green wagon in the narthex. Thank you for helping us all get in the holiday spirit with the Youth Group's red and green collection!

Are you having fun with our monthly themed collections? Do you have an idea that would make a great collection theme? Sign up for a month and help us get creative with our mini missions! Visit the church website for the link to the sign up page to select your month.





Stuff the Turkey



Thanks to everyone for helping us to really "stuff that turkey" for the Monroe Food Pantry! We're sure that the generosity of our congregation helped local families enjoy Thanksgiving dinner with all the fixings!



UMC MONROE YOUTH NEWS

Youth Group Christmas Party: Sunday, December 10

Time: 4:00 pm - 6:00 pm

Santa has asked the Youth Group to help him bake cookies to be distributed to homebound and first responders. While the cookies are baking we will celebrate with some Christmas games, goodies and a gift exchange. Bring a wrapped gift costing up to \$10 if you want to participate in the grab bag. Friends are welcome!



Our Confirmation introductory session has been rescheduled to Sunday, December 10 at 6:00 pm – immediately following the Youth Group Christmas Party. Confirmation is open to all youth 8th grade and older. This introductory session will go over the schedule and expectations. Confirmands and their families are asked to participate.

** If you are interested in participating in Confirmation or if you have any questions, please contact Pastor Martha. **









Youth Group Halloween Party: Sunday, October 29

Photo credit: Pastor Martha

Thanksgiving Sunday Sunday, November 19



Our youth, accompanied by RoseAnne Homola, presented "King of Kings" during worship - they were amazing!















Add smile.amazon.com to your browser's bookmarks!

AmazonSmile is a simple and automatic way for you to support the United Methodist Church of Monroe every time you shop, at no cost to you. Visit our website for a link to AmazonSmile. Be sure to complete the one-time setup by selecting *United Methodist Church of Monroe (EIN: 06-6034463)* and the church will receive donations for qualifying purchases anytime you shop on smile.amazon.com. For more information, please visit our website and search *AmazonSmile* or contact Steve Arnold or Kathy Schmalkuche.

UMC Monroe Outreach





Paper Shredding Fundraiser: Saturday, November 4

Photo Credit: Amy Rajpolt



Winter Coat Drive for Bridgeport Rescue Mission

Photo Credit: Rose Aiello

Rose and Mike Aiello loaded up their car and delivered 123 pounds of coats to *Bridgeport Rescue Mission!* Thank you to everyone who shared some warmth by donating your gently used coats --they were very grateful for our donations!

All Saints' Day: Sunday, November 5 Photo Credit: Patti Early

This year we remembered more than 60 of our family members, friends and loved ones who passed away this past year with a special time of prayer and consideration.



2017 Christmas Card Bulletin Board

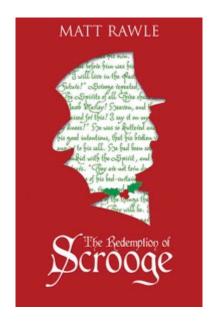
Wouldn't it be fun to send a Christmas card to everyone in the congregation? Well now you can – it's quick and it's easy! Here is how it works ...

You're invited to post a Christmas card on the bulletin board in the hallway outside of the Choir Room ... from your family to all of ours! Just bring the card with you to church this weekend (or any time prior to Christmas) and pin it on the board .. no stamps required!!

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The Redemption of Scrooge Advent Bible Study



Thursdays, November 30 – December 21, 2017

Time: 10:00 am - 11:30 am ~ Location: Meeting Room 2

Is redemption possible for Ebenezer Scrooge?

Pastor and author Matt Rawle believes so as he discovers the teachings of Jesus in the words of the Charles Dickens classic *A Christmas Carol*. Rawle dives deep into the dark, sad, greedy world of Scrooge and discovers a man in dire need of a second chance. Along with Scrooge, we meet the Ghosts of Christmas Past, Present, and Future and in the process learn about living with and for others in a world blessed by Jesus. Rediscover and reinvigorate your Christian faith this Advent and Christmas season and look at this familiar classic through the lens of faith.

Please join us ... and feel free to invite a friend! For questions, please contact Pastor Martha.

** If you would like Pastor Martha to purchase the book for you, please let her know by Wednesday, November 22. The book is \$10.

UMC Monroe • 515 Cutlers Farm Road • 203.268.8395 Page 12 of 17 www.umcmonroe.org • Facebook: @umcmonroe • umc@umcmonroe.org



Breakfast with Santa

SATURDAY, DECEMBER 16, 2017

9:00 am - Noon at UMC Monroe Children (12 and under) \$5 • Adults \$8 * Register online at www.umcmonroe.org by December 9

Crafts! • Stockings! • Pictures with Santa!

Please bring a non-perishable food item for the Monroe Food Pantry and join in our ongoing efforts to help our neighbors!

* Cash or check (made payable to "UMCM" with "Santa Breakfast" in the memo line)

Mail payment to UMC Monroe, Attn: Breakfast with Santa – pre-payment would be appreciated.

Registration is first come, first served until we reach capacity.

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breakfastwithsanta@umcmonroe.org • 203.268.8395



The Daniel Plan: 40 Days to a Healthier Life

Have you ever struggled to balance the demands of life with the need to maintain a healthy lifestyle? Does the planning to eat a healthy diet, get your proper rest and exercise, and build your relationship with God and others seem just too overwhelming? You are not alone!

The Saturday morning "**Daniel Plan 1.0**" group held this past fall was a huge success. With 12 people participating, we learned a lot about how God wants us to take care of our bodies to be healthy and fit so we can serve God and others. Would you like to learn how faith, food, fitness, friends and focus can change your life for the better? Here is your chance -- it is perfect timing right after a food-filled holiday season!

Beginning Monday evening, January 8, 2018, you'll have the chance to start the journey to a healthier lifestyle with *The Daniel Plan*. *The Daniel Plan* is a holistic system that takes the two focuses on most health and wellness programs -- diet and exercise -- and expands it to include what the authors call the Five F's: Faith, Food, Fitness, Friendship and Focus.

Pastor Rick Warren, bestselling author of *The Purpose Driven Life*, co-created *The Daniel Plan* with Dr. Mehmet Oz, Dr. Daniel Amen, and Dr. Mark Hyman. It is a simple plan that encourages us all to make better, natural food choices that nourish and heal, build relationships to support each other, focus on Scripture and our relationship with God, attainable exercise and fitness goals, and the practice of focus, all combined to create a powerful plan to change lives.

Our Six-Week Journey will begin Monday evening, January 8 (time TBD). We will meet for an hour for each session on consecutive Mondays. Stay tuned for more details as we head into the new year.

Who May Join: Anyone! Church members, regular attenders, friends and visitors, even those who have never been inside our building, are all welcome.

Questions/Registration: Contact Bill Florin at billflorin@yahoo.com, by phone at 203.268.8539, or see him after church.

God has much for us yet to do to build God's Kingdom. Prepare yourself to do all the good you can by taking the next step to a healthier you.

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VISIT US ANYTIME AT WWW.UMCMONROE.ORG!



Flags and Cell Phones

If you have an old, worn flag that you need to dispose of properly, you can do so right at the church. Just place it in the collection box located in the narthex. The Marine Corp League and VFW in Stratford continuously provide this service to the public.

Used cell phones can also be recycled for our service men and women and left in the same box.

Change for Waterman Scholarship

We are collecting loose change for the Waterman Scholarship Fund. There is a jug in the narthex for you to deposit loose change. All coins accepted! Keep an eye on the thermometer and watch it rise with your help!



Prayer Concerns



Family and friends of Anna Hutchinson on her passing (former vendor at Harvest Fest)

Family and friends of Jay Caselli on his passing - friends of the Aiellos

Friend of Aiello's, Dave Kuch - passing from cancer Ellie Lennon's friend Maisie - passing of her grandmother

Anita's friend Esther - passing of her niece Cousin of Rose's, Jim - on oxygen at all times

Rob Lambert's sister Debra - health issues due to scoliosis as a child

Family of Cooper Abbott on his passing

Dexton

Christina Reynolds' sister Heather - broke her ankle

Jen Abbott - recovery from surgery

Jen's foster child Royal - went back to live with father - prayers it's the right thing for everyone

Suzette - Gail Mas' niece

Family and friends of Jimmy Wilson on his passing (member of Emmaus community)

Rob Lambert and family - passing of his father, Albert

Quintin's friend - dementia

Adam - in a coma

David Marks - pancreatic cancer

Ben Abercrombie -football player with broken neck

Pastor Martha's sister - Elin Dowd

Bobbie Grant

Audrey Stabler - kidney disease

Marilyn Jones

Dotti Hossler's brother, Roger

Joe Lennon's brother, Michael - colon cancer

Lauren - addiction

Shaun - battling addiction

Pastor Martha's friend Cassandra's husband, Wayne -

throat cancer

Debby Couture - pancreatic cancer

Gail Mas' granddaughters, Sara and Amanda

Dr. Bill - overseas missionary work

Sue Simmons' brother, Jeff

Howard Davidson - Betsy's brother - COPD

Jeanne Baklik

Dotti Hossler's sister, Loretta - severe concussion Kathy's 97-year old great-aunt, Marie Houdek - hospice

Fromm's friend, Radovan Frzop

Caleb

Tyson - Lynn Abbott's grandson - Benign Rolandic Epilepsy

Roy G - child with serious epilepsy

Wallace's friend, Audrey Scott - needs kidney transplant

Friend of Billy Schmalkuche - Jill - long-term rehab

Jeff York

Tom Boomershine

Darcy and Cameron

Robert Ellis - co-worker of Claudia Wallace - cancer

Greg - Gail Mas' nephew - cancer Evelyn Sweetnam - hospice care

Linda Summa - Turner's daughter - cancer

Olivia - Juvenile Diabetes

Sue Simmons' friend, Debbie - MS

Jimmy - Bobbie Grant's friend's son York's daughter-in-law, Lori

Gayle

Jodi Kles - Sheryl's cousin - living with rare form of cancer

Military personnel

Unemployed

First responders, firemen, policemen

Persons dealing with serious medical issues

Caregivers

Covenant to Care and all foster children

Those who do not have anyone to pray for them

Christians around the world persecuted for their faith

Drug epidemic - addiction and deaths

Refugees

Unspoken burdens that reside upon people's hearts

Youth - effects of social media and those being bullied

Wisdom for world leaders

Children with mental illnesses

Unity and peace around the world

Those recovering from natural disasters

If you would like to add a person to our prayer list, or to receive a weekly copy of the joys and concerns email prayerrequest@umcmornoe.org, call the office or leave your request in the collection plate.

Names will remain on the prayer list for 3 weeks. If you would like your name or that of a relative or friend to stay on the list longer, please contact the office.



REMINDER: The deadline to submit information to Denise (umc@umcmonroe.org) for our monthly newsletter is the 15th of each month. When making your submission, please include all content and provide a contact name. Any submission received after the deadline is not guaranteed publication and may be deferred to the next month. Thank you!

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United Methodist Church of Monroe
7pm - Hills of Monroe
Charge Confessor
Charge Conference Reports 11:30am - MM: Missions
7:15pm - CC: Church
6:30pm - SPPRC Meeting ® 7pm - Charge Conference
7pm - Hills of Monroe
11:30am - MM: Missions 7:30pm - Two Planks