

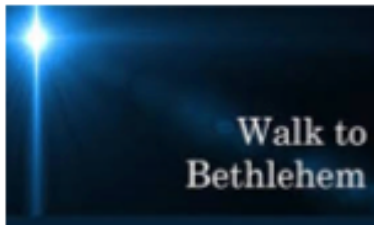


Weekly Personal Steps

Notes: One week is defined as Sunday through Saturday
 Steps can also be recorded online at umcmonroe.org
 Keep current with your reporting for an accurate view of our progress
 Place completed form in collection plate or return to office

Name: _____

Week #:		Week #:	
Total Steps:		Total Steps:	
Week #:		Week #:	
Total Steps:		Total Steps:	
Week #:		Week #:	
Total Steps:		Total Steps:	
Week #:		Week #:	
Total Steps:		Total Steps:	



Week-by-Week Dates

Week 1	October 2 – October 8	Week 7	November 13 – November 19
Week 2	October 9 – October 15	Week 8	November 20 – November 26
Week 3	October 16 – October 22	Week 9	November 27 – December 3
Week 4	October 23 – October 29	Week 10	December 4 – December 10
Week 5	October 30 – November 5	Week 11	December 11 – December 17
Week 6	November 6 – November 12	Week 12	December 18 – December 24