

HOUSEHOLD ACTIVITY GUIDE

CROP HUNGER WALK Ending hunger in homes, from home

Ready to sharpen your mind, grow your compassion and end hunger in homes around the world? You can do all three from your own home! Check out the activities in this packet for some hands-on learning for students and parents alike. Each activity comes with an opportunity to share what you have with others, if you're able to. You can do so by using the instructions at the bottom of this page.

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 - Print out the cards in this section and gather the family for a game of charades!
- Fish and Pigs Face-off
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- 1 | Tipping the Scales with Fish

Print out the playing cards in this section and grab a bag of fish-shaped crackers for a fun game!

14 | Summer School Curriculum

Daily lessons, fun activites, creative crafts and more!

WANT TO FUNDRAISE TO END HUNGER?

Here are a few ways you can easily do that:

- 1. Donate directly online using a credit card at www.crophungerwalk.org/Donate
- Mail in cash or checks to: CWS/CROP, PO Box 968, Elkhart, IN 46515
- 3. Sign-up online as a family team! As you complete the activities in this packet, share them on social media along with your fundraising link to get donations from your friends & family!



LOCAL HUNGER AWARENESS



In the United States, 1 out of 5 kids live in households that struggle to put food on the table.*

Provide a brown paper lunch bag with a CROP Hunger Walk sticker for your child. At each meal, suggest they put some change in the brown bag to remind them (and us) of the children who cannot always count on having a meal. Find creative ways for your kids to help earn money doing chores, helping with meals and completing schoolwork.

At the end of the quarantine, have your child count up all they have collected. Donate the proceeds to fight hunger!

* Source: Bread for the World

DREAM FARM

Lesly Miguel lives in rural Honduras. She and her parents participate in a CROP Walk funded program where they learn how to diversify and grow their crops. Prior to the program, their crops were limited to rice, beans and some coffee beans. Now, they grow a variety of vegetables, fruit trees and other grains. They also learned how to raise chickens and rabbits, and start a tilapia pond to incorporate protein into her family's diet.

How did she get started? Well, first, she created a "dream farm" illustration so everyone could see her vision. Each plot of land she drew had a purpose, which you can see if you look closely.

Then, with help from CROP Hunger Walkers, Lesly and her family started to make her

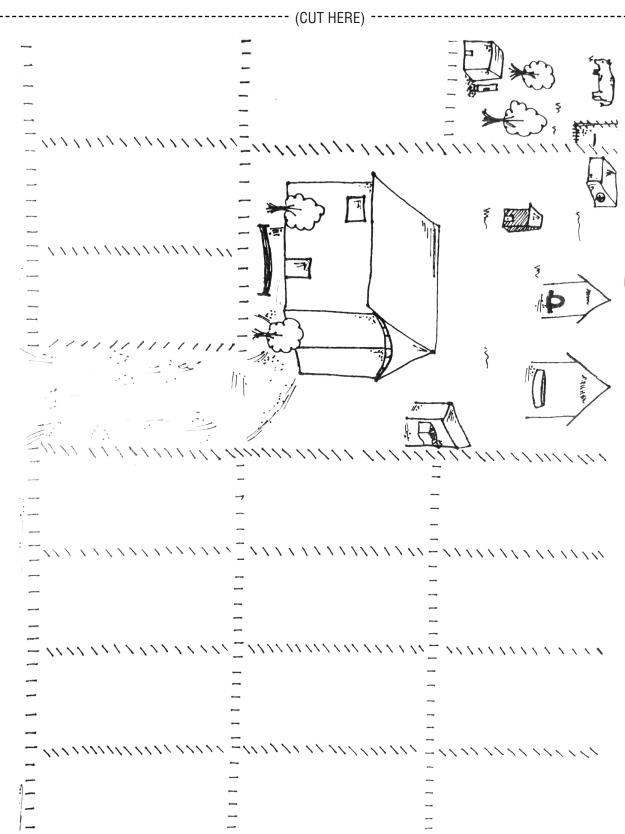


dream a reality. Over the years, they started to grow corn, squash, bananas, onions, cabbage and tomatoes in these plots. They also continue to add more livestock. The farm is so successful that they are able to sell the excess food at the local market.

This dream farm is now a dream story. Because of the savings from the farm, Lesly's family had enough money to send her to a university. She's the first in her family to go. And her vision - her dreams - keep growing. Lesly hopes to become a social worker so she can help other families - just like CROP Hunger Walkers helped her!

DREAM FARM: PART TWO

Draw your dream farm below. If you didn't have access to grocery stores or farmers markets, what would you grow in your own backyard? What animals would you keep? How would you stay healthy every day, even when it gets cold? Think through these questions as you plan out each plot of land. Then, if you want to help make that dream a reality for someone who needs it, try to raise \$15 for each plot through your CROP Hunger Walk!





OBJECTIVES

- Recognize the need for water
- Understand the disparity in access to water
- Learn concrete ways to help bring water to those in need

ACTIVITY

- 1. Print out the following page and cut out each of the charade items. Place these in a bowl.
- 2. Assign someone to keep a tally of the gallons of water used (provide a calculator).
- 3. Have each player draw a charade item and act out their card while others guess the action.
- 4. Once the correct answer is given, have the group guess how many gallons of water that activity uses.
- 5. When all the charade items have been acted out and guessed correctly, have each player guess how many gallons of water all the activities use as a whole.

WATER FACTS

When you finish playing the game, share these water facts with the whole family.

- Averages of gallons of water used per family per day in different countries*:
 - Canada 209
 - Honduras 9
 - U.S. 176
 - Mozambique 3
 - Kenya 13
- For many in this world, to access water means an average walk of 3.4 miles.
- More than 140 million hours are spent every day by women and children to collect water.**
- The hours spent collecting water is greater than the combined number of hours worked in a week by employees at WalMart, UPS, McDonald's, IBM, Target and Kroger.
- One in six people in our world do not have access to water as clean as the water in our toilets.
- The World Health Organization estimates that 80% of all sickness in the world is attributable to unsafe water and sanitation.
- Children are dying from unclean water and sanitation at a rate equivalent to a jumbo jet crashing every four hours.





Print this sheet and cut out the cards for a game of water charades!

WASHING FACE



1 GALLON

TAKING A SHOWER



TAKING A BATH



40 GALLONS

BRUSHING TEETH



2 GALLONS

GETTING A DRINK



WASHING A CAR



50 GALLONS

WASHING DISHES

by hand



10 GALLONS

WASHING DISHES

by dishwasher



15 GALLONS

LOAD OF LAUNDRY



WATERING A LAWN



300 GALLONS

FLUSHING A TOILET



FISH AND PIGS FACE-OFF

Which animal fights hunger more: fish or pigs? In this friendly competition, you decide! Invite another family (*from your congregation, your neighborhood, etc*) to team up against your family. Designate which family will be Team Fishies and which will be Team Piggies, and see who can fundraise the most by the fundraising deadline! You'll want to start this activity a few weeks or so before the deadline to have the biggest impact.

WHAT YOU WILL NEED

- Animal badges
- Scissors
- Markers

GETTING STARTED

Have each family print copies of their animal badge to cut out and decorate. Each badge represents a donation, so print out as many as you'd like!

As you decorate your badges, include the following in big letters/numbers so it can be seen from a distance:

- 1. Their name
- 2. A donation or pledge amount (use the price-points in this activity to guide these amounts, or pick your own!)

When each family is done, tape the badges to your front doors and windows so people walking by can see. Decorate your sidewalk with details about how passerbys can donate. By the fundraising deadline, the team that raises the most wins!



TEAM FISHIE PRICE POINTS

\$20 = 200 baby fish

\$40 = 400 baby fish

\$60 = starting construction on a fish nursery pond

\$120 = a complete fish nursery pond for a family



TEAM PIGGIE PRICE POINTS

\$20 = savings for a pig

\$40 = almost a whole pig

\$60 = a whole pig

\$120 = two pigs, which can start off a pig farm

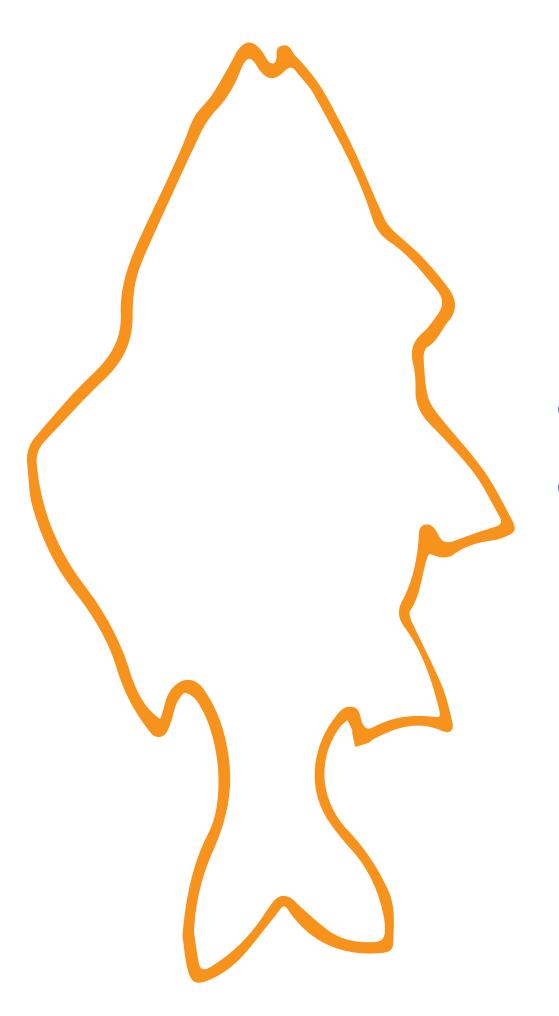
TEAM SPIRIT IDEAS

- Chalk your sidewalk with your team animal and your fundraising page link so people passing by can participate.
- · Add facts about fish or pigs to your badge display.
- Read and share stories about how your team's animal is fighting hunger. Here are two examples:
 - » Team Fishies: "Fishing for a better future" cwsglobal.org/ismael-solis
 - » Team Piggies: "Changing a community, one pig at a time": cwsglobal.org/ramona
- Use our themed resources to learn about your animal, or "debate" why people should sponsor your team: crophungerwalk.org/theme
- Celebrate your impact with themed snacks, like goldfish or animal crackers!
- Complete activities in this packet and share them on social media, along with the link to your fundraising page.
- Call your friends and family and share the stories of Ismael & Ramona. Ask them to donate to your team.
- If your child is still meeting virtually with their class, ask your child's teacher if they can share their fundraising project with the class.

SPONSOR TRACKING LIST

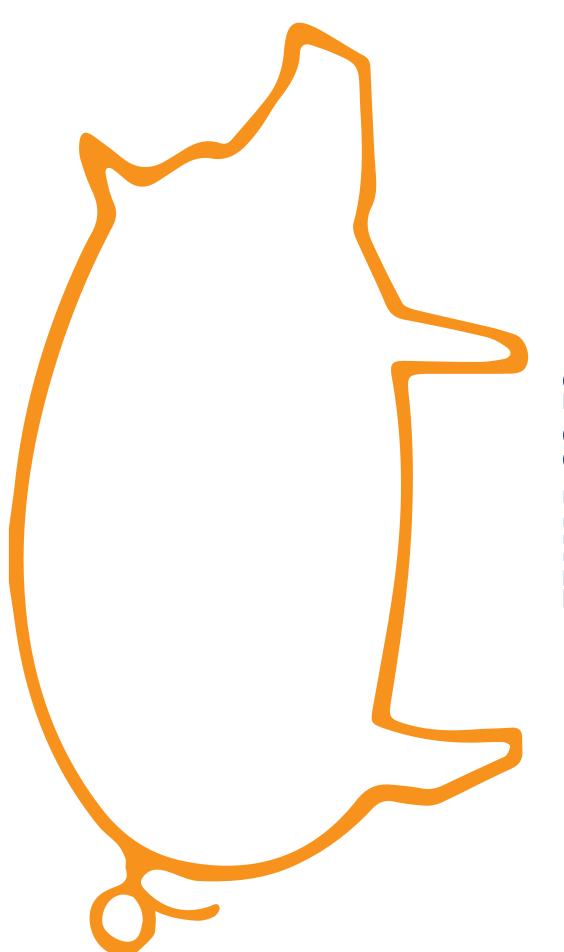
TEAM: F	FISHIES	PIGGIES	GOAL:
YOUR NAME	i:		\$

PLEDGE AMT	SPONSOR'S NAME	PHONE	EMAIL ADDRESS
\$	1.		
\$	2.		
\$	3.		
\$	4.		
\$	5.		
\$	6.		
\$	7.		
\$	8.		
\$	9.		
\$	10.		
\$	11.		
\$	12.		
\$	13.		
\$	14.		
\$	15.		



TEAM FISHIES

NAME



TEAM PIGGIES

NAME

TIPPING THE SCALES WITH FISH

Many of us can go to the grocery story to get the food we need. That means we don't have to really think about too much rain killing our crops, bugs eating our gardens or our rivers running out of fish. But farmers, fishermen and families around the world **do** have to think about this all the time. This activity will help us remember those neighbors...and explain some ways the CROP Hunger Walk makes life a little more predictable for them.

OBJECTIVE

To educate groups about short term as well as long-term food security. Everyone in the group represents a family in communities supported by your CROP Hunger Walk.

WHAT YOU WILL NEED

- A bowl
- · A bag of fish-shaped crackers
- · Cards in this packet

SET UP FOR ROUND ONE

- 1. The bowl represents the local supply of fish in rivers and markets. Fill the bowl with as many goldfish as there are people in your group. Keep your bag of goldfish nearby; you will occasionally use this.
- 2. Use scissors to cut the card deck along the dotted lines. Set aside the "Fishing Training Volunteer" card and the "Fish Pond" cards (those are for round two).
- 3. Mix up the cards. If there are more people in your group than cards, print and cut as many cards as you need so that everyone has a chance to take one.
- 4. Place the deck blank side up.

ROUND ONE: A SHORTAGE OF FISH

The oldest player starts by taking a card from the top of the deck and following the instructions on it. Continue clockwise with each person taking a card until the bowl is empty. Everyone who does not have a chance to eat a fish-shaped cracker represents families who are hungry when there is not enough food to go around.

SET UP FOR ROUND TWO

- 1. Restock the bowl with as many fish-shaped crackers as there are players.
- 2. Give a "Fish Training Center Volunteer" card to one person in the group. If you printed out more than one sheet of cards, distribute all the "Fish Training Center Volunteer" cards that you printed.
- 3. Put the "Fish Pond" cards in a pile.
- 4. Mix up the remaining cards and place the deck blank side up. This is your general deck.

ROUND TWO:

Start round two with someone who holds a "Fish Training Center Volunteer" card. They do not need to draw from the deck; they will follow the instructions on their own card. Proceed to the next player and see how far you get before the bowl is empty, or everyone has had a chance to play.



DEBRIEF QUESTIONS:

- 1. What was the difference in how many people got to eat fish in the first round versus the second round?
- 2. How did having a "Fish Training Center Volunteer" help?

REAL LIFE EXAMPLE:

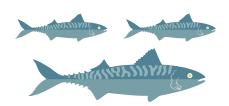
Dajabón is a small town in the Dominican Republic. This community's fish supply in the river is dwindling because of harsh weather, pollution and overfishing. Families need this protein...and without it, they're at risk of hunger. CROP Hunger Walk dollars support Fish Training Centers where volunteers are learning about family fish ponds. Ponds are resilient against disasters and it's easy to keep them clean so fish populations thrive. When a family's fish pond is stable, volunteers help repopulate rivers, supply fish to local markets, train other neighbors to start their own ponds, and have plenty of food for their own families! Read Ismael Solis' story here to learn more: cwsglobal.org/ismael-solis

OPTIONAL CLOSING PRAYER*

Dear God, when you sent your son among us, he proclaimed the kingdom of God in villages, towns and lonely places: Grant us your presence and power and let it be known throughout this land. Have mercy upon all of us who live and work in rural areas and grant that all the people of our nation may give thanks to you for food and drink and all other bodily necessities of life, respect those who labor to produce them and honor the land and the water from which these good things come. All this we ask in your holy name. Amen.



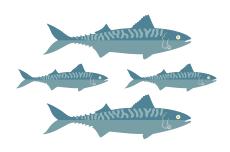
Eat one fish.



A big rainstorm destroys local crops. Eat three fish to show that families rely more on fish now.



You have a growing family who needs lots of protein. Eat two fish.



Fish roe (eggs) just hatched in the river! Take four fish from the bag of goldfish; place three of these in the bowl and eat one.



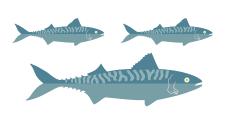
Eat one fish.



It's been a bad year for fish. Remove two fish from the bowl, put them in the goldfish bag and end your turn without eating.



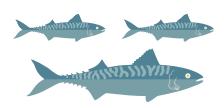
You are very sick and need some extra food to get stronger. Eat two fish.



Fish roe (eggs) just hatched in the river! Take three fish from the bag of goldfish; place two of these in the bowl and eat one.



Eat one fish.



A factory upstream threw some trash in the river, which killed several fish. Remove three fish, put them in the goldfish bag and end your turn without eating.



Eat one fish.

FISH POND TRAINING CENTER VOLUNTEER:

The Training Center gave you a supply of fish to start your own pond. Take four fish from the goldfish bag. On your turn, eat one fish and give one fish and the "Fish Pond 1" card to someone else in the group. Put one fish in the bowl to help repopulate the river. Do not draw a card from the general deck.

FISH POND 1 CARD:

Your fish are starting to produce roe (baby fish)! On your turn, take three fish from the goldfish bag. Eat one fish and give one fish and the "Fish Pond 2" card to someone else in the group. Put one fish in the bowl to help repopulate the river. Do not draw a card from the general deck.

FISH POND 2 CARD:

Your fish are starting to produce roe (baby fish)! On your turn, take three fish from the goldfish bag. Eat one fish, put one fish in the bowl to help repopulate the river, and give one fish to someone of your choosing. Do not draw a card from the general deck.

SUMMER SCHOOL CURRICULUM

HOW TO USE THIS CURRICULUM

Each lesson follows this template:

- 1. Scripture reading: Hebrews 13:16
- 2. Story reading: "This Little Piggy Saved a Village"
- 3. Day-specific lesson*
- 4. Day-specific craft/activity

*The lesson titles coincide with the nursery rhyme "This Little Piggy" which many children should know and can be recited.

Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God.

-HEBREWS 13:16 (NRSV)

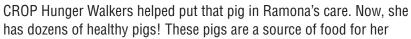
TIPS TO EMPHASIZE SCRIPTURE:

- Print out the scripture poster in this packet and hang it on your refrigerator.
- If your child is old enough, work with them to have the verse memorized.

STORY: THIS LITTLE PIGGY SAVED A VILLAGE

Roniel loves his family's piggy bank even though it doesn't look - or sound - like your average one. For starters, it's loud. Really loud. And it comes with a... unique smell. You see, Roniel's piggy bank holds ACTUAL PIGS. And just like their plastic or glass counterparts, these pigs represent "change!"

Roniel's grandma, Ramona, invested in this change many years ago. She grew up seeing hunger hurt her community in the Dominican Republic (a country in Central America). It's not a future she wanted for her children, her grandchildren... ANYONE. So she asked for just one small pig.



family. Not only that, but she can sell pigs at market for income and use the manure to cultivate nutrient-rich soil for growing crops! With the money she's earned, she's even opened a grocery store so her community has close access to all sorts of affordable food.

Ramona is sharing her gifts with Roniel and her neighbors. She knows that ending hunger takes hard work, compassion and some investment. And she knows that a healthier future for kids like Roniel only comes when someone steps up. Will you step up alongside her, Roniel and so many others who are ready for thoughtful, long-lasting solutions to hunger? Add your change to "piggy banks" around the world today!



- 1. Recap the main story every lesson so the children remember who it is we're helping and why we participate in the CROP Hunger Walk.
- 2. After lesson one, ask your children what happens next as you read through the story to help keep them engaged.
- 3. If your children are old enough, let them each take turns reading paragraphs of the story out loud.
- 4. Share the photo of Roniel, Ramona and the pig to help your children understand that these are real people.





LESSON: THIS LITTLE PIGGY WENT TO THE MARKET

LESSON OUESTIONS

- How many of you get an allowance? Have children raise their hands.
- Who gives you your allowance?
 Parents, grandparents, guardians, etc.
- Where do you keep your allowance? Change purse, piggy bank, etc.
- How do you think grown-ups get money when they're too old to get an allowance?
- How did Ramona from our story get money to help her grandson Roniel and the rest of her family? She sold pigs at market!



Just like the first little piggy in our nursery rhyme, Ramona went to the market to sell her pigs. The money she earned from these pigs helped her family get enough to eat and drink every day! Did you know that the money we raise for the CROP Hunger Walk can help families like Ramona's? Neighbors like Ramona and Roniel in the Dominican Republic and right around our hometown are helped by the money we raise.

Can you all hold up one finger? Now hold up all 10 of your fingers- that's a pretty big difference, right? Every \$1 we raise can be turned into \$10 of groceries for friends in need here in the United States, and for about every \$100 our church's team raises can provide 1 pig for a family in need where Ramona lives. That means every little bit can help so much!

Are you willing to ask people to help us help our neighbors in need? We're going to make some piggy banks today. When you take yours to your room, make sure you share Ramona and Roniel's story to collect as many coins and dollars as you can. Then, bring your filled piggy bank back for the next lesson. We'll count everyone's change and see just how much we were able to help families!



CRAFT: HOMEMADE PIGGY BANK

MATERIALS NEEDED

- Plastic bottles (8 oz works best, but any size will do)
- Acrylic paint & brushes
- Construction paper
- Large beads
- Googly eyes
- Craft knife
- Scissors
- · Craft glue or hot glue
- Pipe cleaners

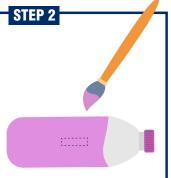
Have the children complete the steps below to create their own piggy bank! If your age group is too young for steps 1 and 3, make sure an adult completes those steps before starting the craft.



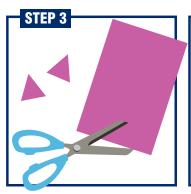
PHOTO: OUR KID THINGS



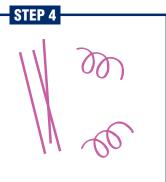
Using the craft knife, precut a slit on one side of each of the plastic bottles.



Paint the bottles, including the cap, which will serve as the snout and an easy way to get money from the bottle.



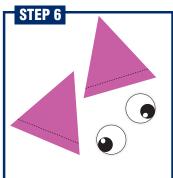
While the paint is drying, cut out triangles from construction paper for the pig's ears.



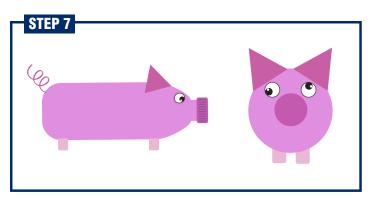
Twist the pipe cleaners into curly-q tails for their pigs.



Pick four large beads for the pig's legs and glue these to the "stomach" side of the pig so it can stand on its own.



Fold one side of the construction paper triangles to create a surface for gluing. Glue the googly eyes and ears on the pigs.



Last - attach the tail to the original bottom of the bottle and your piggy bank is ready to go!



LESSON: THIS LITTLE PIGGY STAYED HOME

LESSON QUESTIONS

- How many pets do we have at home? Have children raise their hands.
- What kinds of pets do we have and what are their names? They'll likely want to tell you this anyway, so it makes sense just to ask.
- What are some of your jobs for taking care of your pets? This may vary depending on their age- from petting/loving them, to feeding them and giving them water or taking their dog for a walk.
- Do we help take care of your pets too? Likely, a big YES.
- What kind of animal did Ramona and Roniel help care for in our story? Pig.

If you do not have pets at home, ask:

• What friends and/or family do we know that have pets? What responsibilities do we think they have to care for their animals? Etc.

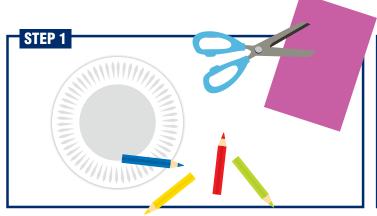
Just like some of you take care of animals with your parents at home, it was a team effort for Ramona, Roniel and their family to help take care of their pigs! When we work together we can do so much more than any one of us could do alone! *Put pencils or crayons out in front of the children*. Try picking up the pencil/crayon in front of you using just one finger - *they likely won't be able to do it* - now try picking up the pencil/crayon with all of your fingers! Much easier when all of your fingers are working together, right? This is also why we come together for the CROP Hunger Walk every year - so together we can help even more of our neighbors like Ramona and Roniel.



CRAFT: PAPER PLATE PIG/PET FACE

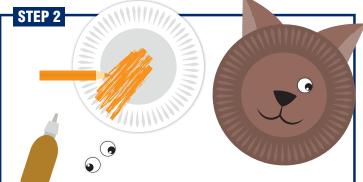
MATERIALS NEEDED

- White paper plates
- Colored construction paper
- Cravons/markers
- Scissors
- Googly eyes
- Glue



The paper plate will serve as the base for the face of each pig/pet face. Some may want to do a pig like Ramona and Roniel have, others may choose to do their own pet.





Decorate their pigs/pets using shapes cut out from the construction paper and the crayons/markers. Depending on you child's age, you may want to precut some shapes for them for ears, noses, etc. Finish them off by gluing two googly eyes to their pigs/pets.

OPTIONAL IDEA

Create a pig pen, which will also serve as decoration for your room! Using painter's tape so as not to damage your walls, adhere the pigs to one of your walls to help theme your room for your upcoming CROP Hunger Walk!



LESSON: THIS LITTLE PIGGY HAD ROAST BEEF

LESSON QUESTIONS

- What is your favorite food?
- Where do you go to get that food? Ask parent, kitchen, restaurant.
- What happens if you run out of food at home?
 Where do you go to get more? Grocery store, market, restaurant, etc.
- Who remembers what Ramona and Roniel did to make sure they didn't run out of food? This may be difficult for them to answer.

That's a difficult final question! If you remember, Ramona used the first pig she received to have baby pigs for more money and food for her family!

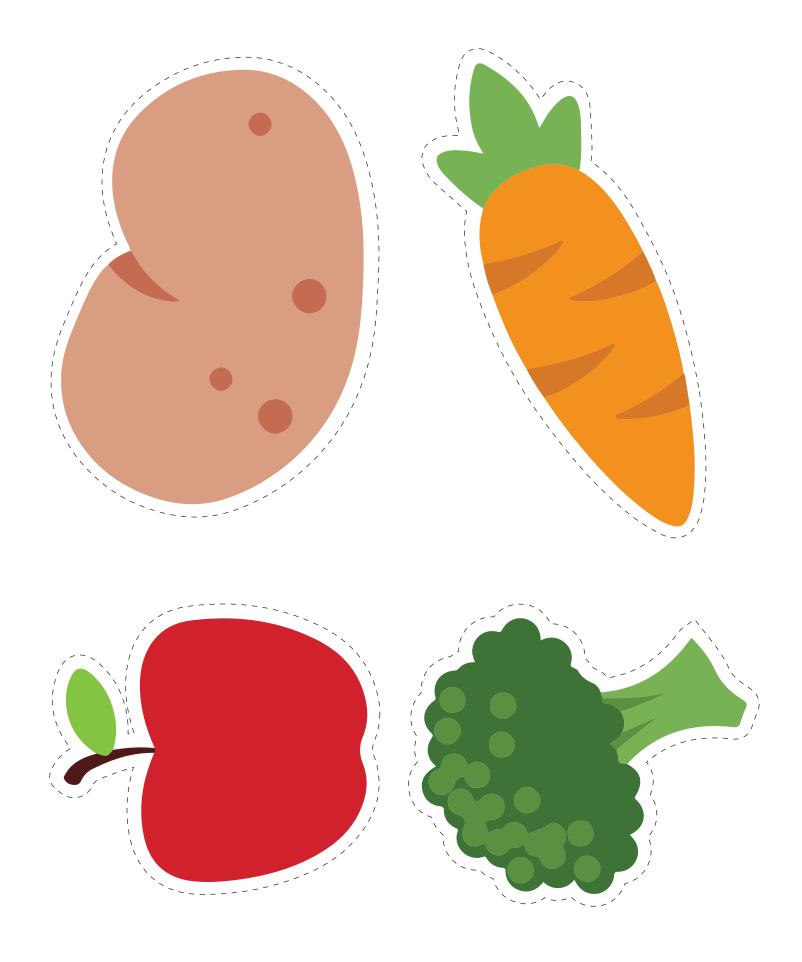


Not only that, she was able to use the money she earned by selling some of her extra pigs at market to open a grocery store of her own for her neighbors. This allowed them to have even more varieties of food close by (like vegetables and fruits)... something they didn't have before!

ACTIVITY: EXPERIENTIAL MARKET

Prepare for this before you start by having veggies and fruits already cut out from the sheet provided — or if the children are old enough, they can cut the fruits and veggies themselves, you can incorporate the cutting out of the veggies and fruits into this activity (just print enough pages for your children, and you may still want to have some extras you've precut on hand). You may also choose to use anything of your own that you might have on hand if you have a play kitchen at your church/congregation. To be authentic, veggies and fruits grown in the Dominican Republic include apples, kale, cabbage, broccoli, spinach, cauliflower, potatoes, carrots and beets.

Have the children set up the market using small baskets or containers to put the fruit and veggies in. Decide as a group the cost of each item (since that's what a shop owner like Ramona would do). Then the children can each shop using the play money (you can use craft time to cut out the play money included in this packet or you can use any type of play money found on board games like Monopoly), taking turns on who is the shop owner and who are the shoppers. Be sure to talk about how all these foods make up a healthy diet as you go along.







LESSON: THIS LITTLE PIGGY HAD NONE

Ramona trained others and built a market for those in her village who didn't have what she had.

LESSON QUESTIONS

- Where do you go to learn? School, Sunday School, ask parents, etc.
- What's your favorite thing to learn about in school? You may list some subject areas if they have difficulty answering this.
- Why is it important to learn?
 So we can know new things and know how to do knew things.
- Who remembers what Ramona taught Roniel and her neighbors? Raising pigs.



Ramona taught Roniel, the rest of her family and her neighbors how to raise pigs, just like she had been taught so many years ago! Ramona recognized just how fortunate she was to be given this opportunity at a better life and she wanted to share that with others.

It's just like God says to Abraham in Genesis 12:2 (NRSV): "I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing." We're also called to recognize how fortunate we are and help others in need! That's why we walk in the CROP Hunger Walk! Like Ramona taught Roniel, the rest of her family and her neighbors how to raise pigs so they could keep them at home too, I'm going to show you how to make a pig puppet so you can have one at home. It'll remind you that we should be sharing our blessings with others who don't have enough to eat.



CRAFT: PAPER BAG PIG PUPPET

MATERIALS NEEDED

- Mini brown paper lunch bags
- · Pink construction paper
- Pipe cleaners
- Googly eyes
- Black crayons/markers
- Glue/glue sticks

Help your children with the steps below. If your child is too young for some of the steps, be sure to prepare those items in advance.

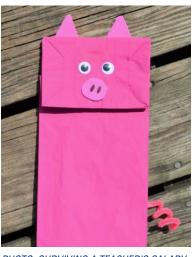
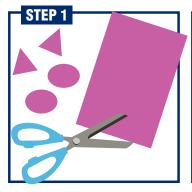


PHOTO: SURVIVING A TEACHER'S SALARY



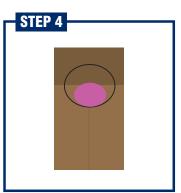
Cut out two triangles and two ovals from the construction paper.



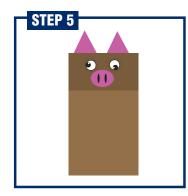
Place one of the ovals down horizontally. Draw two black vertical ovals and color them in. These will be the nostrils for the nose.



Unfold the bottom of the bag, which will be the mouth, and draw a large black circle in this space.



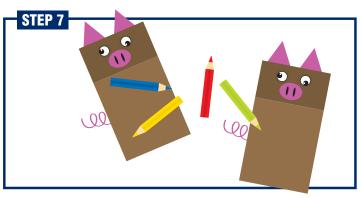
Make a tongue by gluing the plain oval to the inside bottom line of the black circle.



Glue eyes, nose and ears to the closed front flap of the bag.



Finally, take a pipe cleaner, form it into a curlicue tail, and glue it to the back of the pig.



OPTIONAL: If you are feeling extra creative, decorate your pig using crayons and markers to make spots, arms, legs, etc.



LESSON: AND THIS LITTLE PIGGY CRIED, "WEE WEE WEE" ALL THE WAY HOME

LESSON QUESTIONS.

- Were any of you able to collect any money to help our neighbors in need like Ramona and Roniel?
- What are some of the ways Ramona and Roniel were helped, and continue to help others? Given pigs to raise, trained others to raise pigs, built a market, etc.

We talked about this the first lesson when we first made our piggy banks, but every \$100 we raise can be turned into a pig for families like Ramona and Roniel's in the Dominican Republic. Let's see how close we got. If you know you'll hit more than one pig - you can say "Let's see how many pigs we were able to provide!" Have each child open up their piggy bank and together you can count the



money. The older the children are, the more active participation in the actual counting of the money they can take.

You did such a great job working to help our neighbors in need here in our community and in communities like the one Ramona and Roniel live in!I'm so excited that we are still able to participate in the CROP Hunger Walk this year virtually!

ACTIVITY: PLAY "OINK, OINK, PIG!" (A VARIANT OF "DUCK, DUCK, GOOSE")

This follows the same rules as 'Duck, Duck, Goose', but with one variation: use the words "oink, oink, pig' instead! The person who's tagging people can even try oinking (instead of just saying "oink") to make things more fun.

Hebrews 13:16 (NRSV) **ENDING HUNGER ONE STEP AT A TIME** ROP HUNGER WALK what you have, for such sacrifices are 975 Do not neglect to edand