
Craft one: “Salt Dough” Creations

You will need:

- Salt (plain table salt)
- Flour
- Water
- Mixing tools and measuring cups
- Food coloring (optional)
- Storage bags or supplies
- Cookie cutters (optional)



Procedure:

1. Measure dry ingredients. You will need a 1:2 ratio of salt to flour. For instance, if using $\frac{1}{2}$ cup of salt, you will have double the amount (1 cup) of flour. Or 1 cup of salt, and 2 cups of flour. Mix the salt and flour together.
2. Add water to the mixture, just enough to create a knead-able dough.
3. If desired, add food dye and/or glitter to color the dough.
4. Play with the dough, molding and squishing as desired.
5. Alternative/additional: use cookie cutters to make shapes. Bake the dough to harden, and paint afterward for a “complete” craft, if you wish.



Craft Two: "Salted Artwork"

You will need:

- Pens and pencils
- Markers/crayons
- Cardstock/paper
- Glue
- Salt (table salt or kosher)
- Food coloring (optional)
- Captions/verses



Procedure:

1. Draw a picture or theme onto paper or cardstock. Decorate with colors and verses as desired.
2. If desired, color salt by shaking in a Ziploc bag with a food drops of food dye.
3. Spread glue onto the parts of the drawing that need emphasis.
4. Sprinkle salt (colored or regular) onto the portions of art that you prefer textured.
5. Allow the art to dry. If desired, hang with magnet or pipe cleaner and enjoy!

