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## Craft one: “Blooming with Compassion” Flower

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### You will need:

- Construction paper or card stock
- Paper plate
- Yarn, pipe cleaner, popsicle stick, or string
- Markers or crayons
- Scissors
- Glue or tape
- Other decorations (jewels, stickers, etc.)



### Procedure:

1. Cut out several pieces of paper or cardstock in petal shapes.
2. Brainstorm ways of demonstrating compassion, and write them on the petals.
3. Glue a circle or cupcake liner in the center of the plate, and attach the petals around it using glue or staples.
4. Attach a popsicle stick “stem” to the bottom of the plate, or a pipe cleaner or string to the top to hang it on display.



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## Craft Two: “Kindness Kit”

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### You will need:

- Paper bags
- Stickers/decorations
- Markers/crayons
- String or ribbon (optional)
- Small treats and tokens (snacks, stickers, band-aids, socks, etc.)
- Construction paper/cardstock
- Scissors
- Captions/verses

### Procedure:

1. Decorate the outside of the paper bag with stickers, designs, and messages.
2. Create a card or caption to go with the bag, describing the items inside and why they are there.
3. Collect “comforting” objects such as small treats, snacks, band-aids, or even socks. Place the items in the bag.
4. Attach extra verses to the bag and string or ribbon for additional decoration.
5. Give the care kit to someone in need or to someone who is going through a rough time. Share and spread the compassion!

