



Gratitude Resources and Links for Families

- 30 Day Family Gratitude Challenge
 - <https://parents-together.org/30-day-family-gratitude-challenge/>
 - Includes:
 - Gratitude Scavenger Hunt <https://parents-together.org/wp-content/uploads/2021/10/Gratitude-Scavenger-Hunt-activity.pdf>
 - Kids Books about Gratitude <https://fivebooks.com/best-books/gratitude-dana-sheridan/>
 - 5 Senses Gratitude Chart <https://parents-together.org/wp-content/uploads/2021/10/The-5-Senses-gratitude-printable.pdf>
- Sample of YouTube videos for kids re: Gratitude
 - Teaching kids to be thankful <https://www.youtube.com/watch?v=dw0VCV0gKgl>
 - “Practicing Gratitude” (RocketKids 10 things to be thankful for) <https://www.youtube.com/watch?v=l6zL3CtYG6Q>
 - “This is Thankful” Early childhood lesson 1 (SaddlebackKids) <https://www.youtube.com/watch?v=mvs5mc2G64>
 - “Kid President’s 25 reasons to be grateful”... https://www.youtube.com/watch?v=yA5Qpt1JRE4&list=PLzvRx_johoA-YabI6FWcU-jL6nKA1Um-t&index=20

